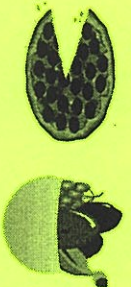




SEPTEMBER



2022

New Bedford Academy Lunch Menu

	Sun	Mon	Tue	Wed	Thu	Fri	Sat
Daily Lunch Milk Choices: 1% White, Fat-free Chocolate							
4 This institution is an equal oppor- tunity provider	5 NO SCHOOL	6 Chicken Nuggets, Baby Carrots, Fruit, Milk	7 Mini Corn Dogs, Tater Tots, Baked Beans, Fruit, Milk	8 Pasta w/ Meatballs, Celery, Dinner Roll, Fruit, Milk	9 Pepperoni or Cheese Pizza, Broccoli, Fruit, Milk	10 Fresh fruit normally served. If canned fruits are packed in light syrup.	3 Fresh fruits and vegetables are subject to change due to availability.
11	12 Chicken Strips, Tater Tots, Fruit, Milk	13 Grilled Cheese, Chips, Fruit, Milk	14 Soft Shell Taco w/ Cheese, Salsa, Refried Beans, Fruit, Milk	15 Turkey Sub on Bun w/Cheese, Chips, Fruit, Milk	16 Pepperoni or Cheese Pizza, Baby Carrots, Fruit, Milk	17 All bread products are whole grain	
18	19 Chicken Sandwich on Bun, Fries, Fruit, Milk	20 Macaroni & Cheese, Fruit, Milk	21 Hot Dog/Bun, Celery, Chips, Fruit, Milk	22 Pasta w/ Meatballs, Green Beans, Dinner Roll, Milk	23 Pepperoni or Cheese Pizza, Romaine Lettuce, Fruit, Milk	24	
25	26 Chicken Nuggets, Baby Carrots, Fruit, Milk	27 Ham and Cheese Sub, Chips, Fruit, Milk	28 Chicken Alfredo, Corn, Dinner Roll, Fruit, Milk	29 Bosco Stix w/Sauce, Cucumbers, Fruit, Milk	30 Pepperoni or Cheese Pizza, Celery, Fruit, Milk		