
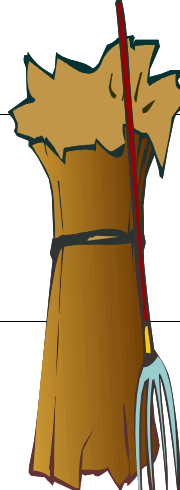








# October 2019



## New Bedford Academy Lunch Menu

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><b>Daily Lunch \$3.50</b> Milk Choices: 1% White, Fat-free Chocolate, Strawberry</p>	<p><b>Fresh fruits and vegetables are subject to change due to availability.</b></p>	<p>1 Mini Pepperoni Calzone, Celery, Fruit, Milk</p>	<p>2 Hamburger on Bun, Corn, Fruit, Milk</p>	<p>3 Pepperoni/Cheese Pizza, Romaine Lettuce, Fruit, Milk</p>	<p>4 <b>Early Release Day 12:00 NOON</b> <b>No Lunch Service</b></p>	<p>5 1/2 DAY No lunch served</p>
<p>6</p> 	<p>7 Chicken Nuggets, Tater Tots, Baby Carrots, Fruit, Milk</p>	<p>8 Soft Shell Taco w/ Cheese, Lettuce, Tomatoes, Salsa, Refried Beans, Fruit, Milk</p>	<p>9 Hot Dogs on Bun, Steak Potatoes, Fruit, Milk</p>	<p>10 Pepperoni/Cheese Pizza, Broccoli, Fruit, Milk</p>	<p>11 <b>Early Release Day 12:00 NOON</b> <b>No Lunch Service</b></p>	<p>12</p> 
<p>13</p> 	<p>14 Chicken Drum Stick, Mash Potatoes, Corn Fruit, Milk</p>	<p>15 Ham &amp; Cheese on Bread, Tater Tots, Celery, Fruit, Milk</p>	<p>16 Macaroni &amp; Cheese, Broccoli, Fruit, Milk</p>	<p>17 Pepperoni/Cheese Pizza, Cucumbers, Fruit, Milk</p>	<p>18 <b>Early Release Day 12:00 NOON</b> <b>No Lunch Service</b></p>	<p>19</p> 
<p>20</p> 	<p>21 Chicken Strips, Baked Beans, Baby Carrots, Fruit, Milk</p>	<p>22 Hot Dog on Bun, Steak Potatoes, Baby Carrot, Fruit, Milk</p>	<p>23 Chicken Alfredo, Bread, Corn, Fruit, Milk</p>	<p>24 Pepperoni/Cheese Pizza, Broccoli, Fruit, Milk</p>	<p>25 <b>Early Release Day 12:00 NOON</b> <b>No Lunch Service</b></p>	<p>26</p> 
<p>27 Fresh fruit normally served. If canned fruits are packed in light syrup.</p>	<p>28 Chicken Sandwich on Bun, Baked Beans, Celery, Fruit, Milk</p>	<p>29 Pasta w/Meatballs Green Beans, Fruit, Milk</p>	<p>30 Turkey Sub, w/ Lettuce, Tomatoes, Fruit, Milk</p>	<p>31 <b>Halloween</b> <b>Early Release Day 12:00 NOON</b> <b>No Lunch Service</b></p>	<p>Nov. 1st <b>NO School</b> Teachers PD</p>	<p>All Bread Products are Whole Grain</p>