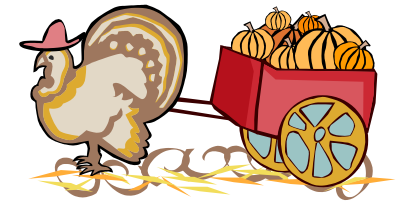








November 2019



New Bedford Academy Lunch Menu

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>This institution is an equal opportunity provider.</p>	<p>All canned fruits are packed in light syrup.</p>	<p><u>Daily Lunch \$3.50</u> Milk Choices: 1% White, Fat-free Chocolate, Strawberry</p>	<p>All Bread Products are Whole Grain</p>		<p>1 NO SCHOOL</p>	<p>2 Fresh fruits and vegetables are subject to change due to availability.</p>
3	4 Chicken Strips, Mash Potatoes, Green Beans, Fruit, Milk	5 Soft Shell Taco w/ Cheese, Lettuce, Tomatoes, Salsa, Refried Beans, Fruit, Milk	6 Chicken Alfredo, Broccoli, Fruit, Milk	7 Pepperoni /Cheese Pizza, Baby Carrots, Fruit, Milk	8 Early Release Day 12:00 NOON No Lunch Service	9
10	11 Chicken Sandwich on Bun, Smiley Fries Cucumbers, Fruit, Milk	12 Pepperoni / Cheese Pizza, Baby Carrots, Fruit, Milk	13 Early Release Day 12:00 NOON No Lunch Service	14 Early Release Day 12:00 NOON No Lunch Service	15 Early Release Day 12:00 NOON No Lunch Service	16
17 	18 Hamburger on Bun, Tater Tots, Carrots, Fruit, Milk	19 Soft Shell Taco w/ Cheese, Lettuce, Tomatoes, Salsa, Refried Beans, Fruit, Milk	20 Pasta w/Meatballs, Green Beans, Fruit, Milk	21 Pepperoni/ Cheese Pizza, Cucumbers, Fruit, Milk	22 Early Release Day 12:00 NOON No Lunch Service	23 
24 	25 Chicken Nuggets, Tater Tots, Baby Carrots, Fruit, Milk	26 Hot Dog on Bun, Steak Fries, Broccoli, Fruit, Milk	27 Pepperoni /Cheese Pizza, Celery, Fruit, Milk	28 Happy Thanksgiving 	29 NO SCHOOL	30 