



# October 2020



## New Bedford Academy Lunch Menu

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><b>Daily Lunch \$3.50</b> <del>FREE</del></p> <p>Milk Choices: 1% White, Fat-free Chocolate, Strawberry</p>		<p><i>Fresh fruit normally served. All canned fruits are packed in light syrup.</i></p>		<p>1 Macaroni &amp; Cheese, Broccoli, Fruit, Milk</p>	<p>2 Bosco Sticks w/sauce Cucumber, Fruit, Milk</p>	<p>3 <b>Fresh fruits and vegetables are subject to change due to availability.</b></p>
4	<p>5 Chicken Strips, Baked Beans, Baby Carrots, Fruit, Milk</p>	<p>6 Mini Corn Dogs, Smiley Fries, Celery, Fruit, Milk</p>	<p>7 Pepperoni /Cheese Pizza, Cucumber, Fruit, Milk</p>	<p>8 Turkey Sub on Bun w/ Cheese, Lettuce, Tomatoes, Chips, Fruit, Milk</p>	<p>9 Hot Dog on Bun, Steak Potatoes, Baby Carrots, Fruit, Milk</p>	<p>10 <b>All Bread Products are Whole Grain</b></p>
11	<p>12 Chicken Nuggets, Tater Tots, Cucumbers, Fruit, Milk</p>	<p>13 Soft Shell Taco w/ Cheese, Lettuce, Tomatoes, Salsa, Refried Beans, Fruit, Milk</p>	<p>14 Pepperoni /Cheese Pizza, Baby Carrots, Fruit, Milk</p>	<p>15 Chicken Alfredo, Broccoli, Fruit, Milk</p>	<p>16 Bosco Sticks w/sauce Celery, Fruit, Milk</p>	17
18	<p>19 Chicken Sandwich on Bun, Baked Beans, Celery, Fruit, Milk</p>	<p>20 Turkey Sub on Bun w/ Cheese, Lettuce, Tomatoes, Chips, Fruit, Milk</p>	<p>21 Pepperoni /Cheese Pizza, Cucumbers, Fruit, Milk</p>	<p>22 Chicken Strips, Chips, Broccoli, Fruit, Milk</p>	<p>23 Hot Dog on Bun, Steak Potatoes, Baby Carrots, Fruit, Milk</p>	24
25	<p>26 Chicken Nuggets. Tater Tots, Baby Carrots, Fruit, Milk</p>	<p>27 Ham &amp; Cheese on Bread, Steak Potatoes, Corn, Fruit, Milk</p>	<p>28 Pepperoni /Cheese Pizza, Celery, Fruit, Milk</p>	<p>29 Pasta w/Meatballs Green Beans, Fruit, Milk</p>	<p>30 Mini Corn Dogs, Smiley Fries, Baby Carrots, Fruit, Milk</p>	