



# October 2021



## New Bedford Academy Lunch Menu

**Sun**

**Mon**



**Tue**

**Wed**

**Thu**

**Fri**

**Sat**

	Sun	Mon	Tue	Wed	Thu	Fri	Sat				
 3 This institution is an equal opportunity provider	<b>FREE</b> <b>Daily Lunch \$3.50</b> Milk Choices: 1% White, Fat-free, Chocolate			Fresh fruit normally served. All canned fruits are packed in light syrup.	Fresh fruits and vegetables are subject to change due to availability.	1 Pepperoni/Cheese Pizza, Celery, Fruit, Milk	2 All bread products are whole grain.				
4	Chicken Sandwich on Bun, Baby Carrots, Fruit, Milk	5	Turkey Sub on Bun w/ Cheese, Chips, Baby Carrots, Fruit, Milk	6	Pasta w/Meatballs, Broccoli, Fruit, Dinner Roll, Milk	7	Hot Dog on Bun, Chips, Fruit, Milk	8	Pepperoni/Cheese Pizza, Cucumbers, Fruit, Milk	9	
10	11	12	13	14	15	16					
Chicken Nuggets, Fries, Baby Carrots, Fruit, Milk	Bosco Six w/sauce, Cucumbers, Fruit, Milk	Chicken Alfredo, Roll, Broccoli, Fruit, Milk	Mini Corn Dogs, Tater Tots, Celery, Fruit, Milk	Pepperoni/Cheese Pizza, Baby Carrots, Fruit, Milk	17	18	19	20	21	22	23
Chicken Strips, Tater Tots, Baby Carrots, Fruit, Milk	Soft Shell Taco w/ Cheese, Lettuce, Side Salsa, Refried Beans, Fruit, Milk	Macaroni & Cheese Green Beans, Celery, Fruit, Milk	Hot dog on Bun, Fries, Fruit, Milk	Pepperoni/Cheese Pizza, Romaine Lettuce, Fruit, Milk	24	25	26	27	28	29	30
Chicken Nuggets, Fries, Celery, Fruit, Milk	Ham Sub on Bun w/ cheese, chips, Cucumbers, Fruit, Milk	Grilled Cheese, Broccoli, Fruit, Milk	Pepperoni/Cheese Pizza, Baby Carrots, Fruit, Milk	<b>Early Release</b> <b>11:15 a.m.</b> <b>No Lunch Served</b>	31	 Halloween					